



THREEFOLD

cafe

BRUNCH

ON TOAST

- PEAS PLEASE** 13
roasted tomatoes, white bean hummus, panchetta, parmesan cheese, on ZTB toast
- CRUSHED BEETS** 13
beet salad, hard boiled egg, walnut, on ZTB toast
- SMASHED AVOCADO** 13
feta, lime, basil and roasted mushrooms on ZTB bread

(add poached eggs* + 2.0 each)

EGGIES

- POPE BENEDICT** 16
our eggs benedict: 2 poached eggs* on our hasbrowns, ham, hollandaise, served with side of greens. substitute; smoked salmon, pulled pork + 2.0
- COMMON PLACE** 13
our omelette: marinated peppers, roasted tomatoes, onion, wilted greens and cheese
- SALMON SCRAMBLE 2.0** 15
folded eggs,* St. James smoked salmon, red onion, dill, creme fraiche, side of toasted ZTB bread
- GREEN AND GOLD** 13
soft scrambled eggs,* goat cheese, fresh herbs served on ZTB bread

(1.0 extra for egg whites)

SALADS AND VEGGIES

- CAESAR** 12
lettuce, parmesan, bacon pieces and garlicky bread crumbs
(add poached eggs* + 2.0 chicken + 5.0)
- QUINOA** 12
curry, greek yogurt, sliced almonds, carrots and mint
- SAUTEED MUSHROOMS** 12
sautéed mushrooms, marinated cannellini beans, poached egg* and toasted ZTB bread

ENTREES

- EMPEROR NASI GORENG** 15
Fried rice with shrimp, crispy shallots, jalapeños and cilantro topped with a fried egg* Contains sesame oil
- CHICKEN PARMA** 18
sautéed chicken cutlet topped with fresh mozzarella, prosciutto, and tomato sauce served on top of fries
- SHRIMP TACOS** 16
cabbage, chipotle mayo, onion, cilantro, salsa, with a side of chili fries

SWEET STUFF

- HOME MADE GRANOLA** 10
greek yogurt, wild flower honey, fresh fruit
- FRIED FRENCH TOAST** 13
our french toast, served with creme anglaise and guava paste
- WAFFLE ON** 13
fresh waffles, topped with fruit, marscarpone and maple syrup
(extra organic maple syrup + .50)
- MORNING MONKEY** 8
banana and walnut bread served with espresso butter

SIDES

- TOAST AND SPREAD** 3
- AVOCADO SMASH** 4
- GREENS** 3
- ROASTED TOMATOES** 3
- HASH BROWN** 3
- SAUTED MUSHROOMS** 4
- MIAMI SMOKERS BACON** 5
- CHICKEN** 5
- FAT FRIES** 8
- 2 EGGS ON TOAST** scrambled, poached, fried 10

SAMMIES

- BEEF SANDWICH** 15
house corned beef, tomato aioli, swiss cheese, sour kraut, brioche bun, with side hash brown
- PULLED PORK SANDWICH** 15
braised pork, cabbage slaw, pickled okra, brioche bun, side of greens
- CHICKEN BLTA** 15
bacon, lettuce, tomato and avocado with sautéed chicken breast served w fries
- BREKKIE SANGA** 13
bacon, egg and cheese sandwich with the addition of avocado and aioli served with a side of hash brown

KIDDOS UNDER 12

- LITTLE KID WAFFLES** 7
sugar and fresh strawberries
- LITTLE PIGGIE** 7
1 scrambled egg* on toast with bacon
- AVOCADO AND TOAST** 5
sliced avocado on toast

SERVED ALL DAY

LIMITED MENU ITEM MODIFICATIONS